

NEED TO TALK?

We're here to listen.

Your welfare and wellbeing is very important to us. You have the right to take part in motorsport in a safe, fair, fun and inclusive environment.

We promise to:

- Listen to your concerns
- Support your wellbeing
- Take appropriate actions

Speak up if you are experiencing:

- Bullying
- Abuse – physical, emotional, sexual or neglect
- Unwanted contact

Don't stay silent.

Speak with someone you trust:

Childline **CALL 0800 1111 for help**



Email: **safeguarding@motorsportuk.org**



A parent or carer



A member of your team



Your Safeguarding Lead: